

# YourBiotix mh

## For menopausal health

Most menopause supplements stop at symptom relief. Yet menopause marks a critical turning point in long-term health. As oestrogen declines, cardiometabolic risk rises, lipid profiles shift and bone loss accelerates. YourBiotixMH goes beyond symptom management, delivering targeted, science-backed support for cardiovascular, bone and hormonal health during and after menopause.

Designed to support women through and beyond menopause:

- **LP<sub>LDL</sub><sup>®</sup>** - A patent protected probiotic clinically shown to support cholesterol and blood pressure<sup>1,2</sup>. As cardiovascular risk rises during and post menopause due to oestrogen decline, LP<sub>LDL</sub><sup>®</sup> offers a natural, science-backed solution.
- **Isoflavones** - Plant-based phytoestrogens shown to relieve symptoms like hot flashes, night sweats, and mood swings linked to hormonal decline from the menopause<sup>4,5</sup>.
- **Vitamin D** - Critical for bone health, during and after menopause when reduced oestrogen leads to accelerated bone loss and increased osteoporosis risk<sup>6,7</sup>.  
  
Recent studies suggest LP<sub>LDL</sub><sup>®</sup> enhances Vitamin D absorption, further supporting bone health<sup>3</sup>.
- **Vitamin B6** - Research shows B6 can support hormonal regulation, psychological function, and energy metabolism<sup>8,9</sup>. These are areas commonly affected by menopause.
- **Thiamine (Vitamin B1)** - Supports heart function and energy metabolism, helping address a significant increased cardiovascular risk after menopause<sup>10</sup>.

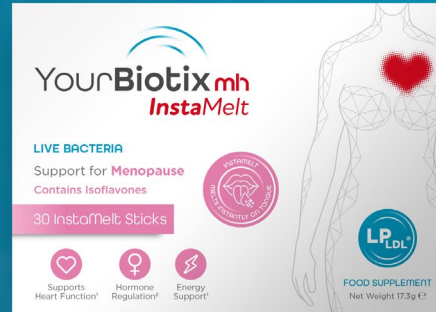
[probiotixhealth.com](http://probiotixhealth.com)

Commercialisation

READY TO MARKET

Finished Formulation

Add your brand



### EFSA Approved Health Claims:



Heart function



Bone health



Hormone regulation



Psychological



Energy



Tiredness & fatigue

### Unique Features



Used in Clinical Studies



Scientifically backed ingredients for menopausal health



Supports long term health & symptom relief

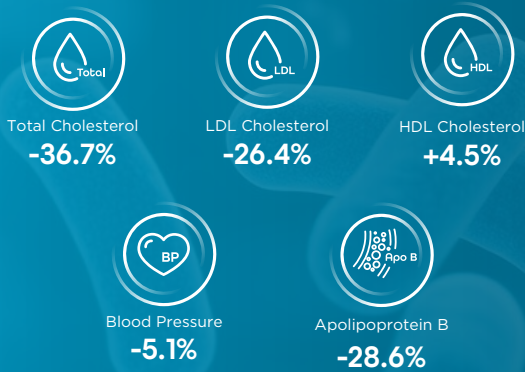




## Innovative Patented Probiotic Strain For Cardiometabolic Health

Oestrogen helps maintain cardiovascular health by regulating cholesterol levels, promoting blood vessel elasticity, and reducing inflammation. As oestrogen declines during and after menopause, LDL cholesterol increases, HDL cholesterol decreases, and arteries become less flexible. This significantly increases the risk of heart disease and high blood pressure. These changes accelerate post-menopause, making cardiovascular support essential.

Scientifically validated in multiple human intervention studies to support cardiometabolic health



Scan the **QR code** for more information on LP<sub>LDL</sub><sup>®</sup> studies



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## Isoflavones

Isoflavones have been used in over 100 clinical studies related to menopause management.



Hot flushes & night sweats



Mood swings & irritability



Cognitive function & brain fog



Bone health



Cardiovascular support

## Vitamin D

Bone health is a key concern during and after menopause. Vitamin D has been shown in studies to support:



Calcium absorption & bone mineral density



Maintenance of strong bones

Women may lose **20%** of bone density within 5-7 years after menopause

Up to **70%** of menopausal women are Vitamin-D deficient

## Vitamin B6

Supporting key areas of menopause, Vitamin B6 has been shown in studies to support:



Hormone regulation



Psychological function & mood



Energy metabolism & fatigue reduction

### References

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